



CREATED TO HONOR YOUR TIME

MODULES DESIGNED AS AN "KNOWLEDGE PILL". SHORT DURATION (2-5 MINUTES ALLOW YOU TO PLAY THEM DURING COFFEE BREAK, LUNCH TIME OR EVEN WAITING IN THE LINE).



BASED ON RESEARCHES

ALL SHOWN METHODS, STRATEGIES AND TOOLS ARE SCIENTIFICALLY PROVEN AND BASED ON RESEARCHES.



INTERACTIVE EXERCISES

COURSE IS FULL OF DIFFERENT EXERCISES THAT WILL HELP YOU TO DEVELOP NEW HABITS AND CREATE NEW MORNING ROUTINE TO ACHIEVE YOUR GOALS AND KEEP ENERGY UP.

BONUS: DEDICATED ANDROID APP

INSIDE YOU WILL FIND DEDICATED ANDROID APP DESIGNED AND CREATED BY OUR COMPANY THAT WILL GUARANTEE GETTING UP EVERY TIME YOU NEED! ALSO IF YOU HAVE DEVICE WITH OTHER SYSTEM YOU WILL GET SEPARATED SOLUTION (STEP-BY-STEP).

BUSINESS EXPERIENCE

COURSES INSIDE **NECESSARY ACADEMY OF FUTURE** ARE PREPARED BY EXPERIENCED TRAINERS. THIS STANDARD GIVES GUARANTEE NOT ONLY OF HIGH KNOWLEDGE LEVEL, BUT ALSO BUSINESS IMPLEMENTATION.

YOUR LEADING TRAINER: OLAF SAWAJNER:

OVER 13 YEARS OF EXPERIENCE. AS A CEO OF TRAINING COMPANY HE IS RESPONSIBLE FOR TRAININGS AND PROJECTS IN CORPORATIONS (INCLUDING TOP 10 FMCG CONCERNS OF THE WORLD).

TRAINING ACCOUNT INCLUDE OVER 10.000 H OF WORKSHOPS AND TRAININGS FOR MARKET LEADERS.

HONORED AS A TOP HR MANAGER (COMPETITION FOR THE BEST HR MANAGER).

EDUCATION: MASTER DEGREE IN PSYCHOLOGY, GRADUATED 13 FACULTIES; GRADUATED OVER 100 TRAININGS INCLUDING **TRAIN THE TRAINERS IN HARVARD BUSINESS REVIEW.**

WHAT YOU WILL LEARN?

GETTING UP EARLIER AT THE CHOSEN HOUR

YOU WILL GET ADDITIONAL 2-3 HOURS A DAY TO DEVELOP SKILLS, BUSINESS, IDEAS...WHATEVER YOU WANT! JUST IMAGINE WHAT YOU WOULD BE ABLE TO DO WITH OVER **1.000 ADDITIONAL HOURS EVERY YEAR!**

YOU WILL LEARN STRATEGIES FROM BEHAVIORAL PSYCHOLOGY AND BEHAVIORAL ECONOMY THAT WILL HELP YOU TO ACHIEVE YOUR GOALS

TOGETHER WE WILL WORK OUT ON YOUR NEW HABITS.

YOU WILL CHOOSE AND SET YOUR GOALS, IMPLEMENT METHODS FROM SOCIAL PSYCHOLOGY TO INCREASE PROBABILITY OF ACHIEVING IT!

TOGETHER WE WILL BUILD YOUR NEW MORNING ROUTINE THAT WILL HELP YOU TO INCREASE MOTIVATION AND KEEP HIGH ENERGY LEVEL.

YOU WILL LEARN HOW TO IMPLEMENT CONDITIONING, POSITIVE AND NEGATIVE BOOSTERS INTO YOUR PLAN AND ACCELERATE ACHIEVING YOUR GOALS.

